



**LIFESAVING SOCIETY®  
SOCIÉTÉ DE SAUVETAGE**

*The Lifeguarding Experts  
Les experts en surveillance aquatique*

**LIFESAVING SPORT SANCTIONING APPLICATION**

**COMPETITION HOST**

Host Organisation/Member: \_\_\_\_\_

Address: street & number: \_\_\_\_\_

Postal Code/City/Province: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Host Contact: \_\_\_\_\_

Position/Title: \_\_\_\_\_

Meet Manager: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Meet Chief Referee: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**COMPETITION TYPE** (please check all that apply)

	Pool	Surf/Open Water	SERC
Youth			
Seniors			
Masters			

**COMPETITION DETAILS**

Venue Name			
Competition Dates			
Competition Type	National event <input type="checkbox"/>	Provincial Event <input type="checkbox"/>	Time Trial <input type="checkbox"/>
Course Length	<input type="checkbox"/> Short Course		<input type="checkbox"/> Long Course
Event sanctioned by the PSO?	<input type="checkbox"/> YES		<input type="checkbox"/> NO
Date of PSO inspection?	<input type="checkbox"/> Inspection Report in Appendix 1 completed <input type="checkbox"/> Competition Safety Plan Included		
Expected # of Competitors			
Field Limit			

**SANCTIONING REQUEST BY HOST ORGANISER**

*We have read the NSO Sanctioning Guidelines and agree to comply and abide to all conditions stated. The Inspection Report has been completed and safety plan attached along with the PSO sanctioning letter.*

Name : ..... Telephone : .....

Application Date : ..... Email : .....

**Appendix 1**  
**Pool Inspection Report**

**FACILITY**

Date of Inspection: \_\_\_\_\_

The Facility and Equipment complies with the specifications indicated in the ILS Competition Rule Book.

Meet Manager's name: \_\_\_\_\_

Meet Manager's signature: \_\_\_\_\_

**Facility Features (include copy of certified surveyor if available):**

Name of Pool Facility: \_\_\_\_\_

Deck or overhead Obstructions (describe): \_\_\_\_\_

Deck fittings (location from deep-end wall i.e. false start): \_\_\_\_\_

Starting platforms style: \_\_\_\_\_ Height of platform above water: \_\_\_\_\_

Lane ropes style: \_\_\_\_\_

Bulkhead width: \_\_\_\_\_

Water Temperature: \_\_\_\_\_ Warm up / cool down pool availability: \_\_\_\_\_

Electronic timing system brand: single ended , double ended ,

**Pool Tank Measurements in meters:**

Length: \_\_\_\_\_ Width: \_\_\_\_\_ # of Lanes: \_\_\_\_\_ Width of lanes: \_\_\_\_\_

Width from outside wall to lane: \_\_\_\_\_ Gutter style: \_\_\_\_\_

**EQUIPMENT COMPLIANCE (Meet Manger verifies compliance):**

Manikins Brand: \_\_\_\_\_ Initial: \_\_\_\_\_

Rescue Tubes Brand: \_\_\_\_\_ Initial: \_\_\_\_\_

Obstacles Brand: \_\_\_\_\_ Initial: \_\_\_\_\_

**POOL DEPTHS – all depths are measured in meters, from the deep end wall**

**Dive Start:**

0.0m \_\_\_\_\_ 1.0m \_\_\_\_\_ 6.0m \_\_\_\_\_ and/or 44.0m \_\_\_\_\_

48.0m \_\_\_\_\_ 49.0m \_\_\_\_\_ 50.0m \_\_\_\_\_ Minimum depth 1.35m.

**200m Obstacle Swim\* - ○ 200m, Initial : \_\_\_\_\_**

10.5m \_\_\_\_\_ 12.5m \_\_\_\_\_ 14.5m \_\_\_\_\_ 25.5m \_\_\_\_\_ 37.5m \_\_\_\_\_

39.5m \_\_\_\_\_ Minimum depth is 1.8m.

**50m Manikin Carry\* - ○ 50m, Initial: \_\_\_\_\_**

24.0m \_\_\_\_\_ 26.0m \_\_\_\_\_ Minimum depth is 1.8m.

**Manikin Carry with Fins\*** – □ 100m, Initial: \_\_\_\_\_

2.0m \_\_\_\_\_ and/or 48.0m \_\_\_\_\_ Minimum depth is 1.8m.

**Manikin Tow with Fins\*** – □ 100m, Initial: \_\_\_\_\_

2.0m \_\_\_\_\_ and/or 48.0m \_\_\_\_\_ Minimum depth is 1.8m.

**Super Lifesaver\*** – ○200m, Initial: \_\_\_\_\_

2.0m \_\_\_\_\_ 24.0m \_\_\_\_\_ and/or 26.0m \_\_\_\_\_ 48.0m \_\_\_\_\_ Minimum depth is 1.8m.

**Manikin Relay** – ○ 4 x 25m, Initial: \_\_\_\_\_

0.0m \_\_\_\_\_ 1.0m \_\_\_\_\_ 2.0m \_\_\_\_\_ 23.0m \_\_\_\_\_ 25.0m \_\_\_\_\_ 27.0m \_\_\_\_\_

and/or 48.0m \_\_\_\_\_ 49.0m \_\_\_\_\_ 50.0m \_\_\_\_\_

Minimum depth is 1.0m at the start wall and 1.8m in the middle and the turning wall.

**Obstacle Relay\*** – ○ 4 x 50m, Initial : \_\_\_\_\_

10.5m \_\_\_\_\_ 12.5m \_\_\_\_\_ 14.5m \_\_\_\_\_ 25.5m \_\_\_\_\_ 37.5m \_\_\_\_\_

39.5m \_\_\_\_\_ Minimum depth is 1.8m.

**Lifesaving Medley\*** – ○ 4 x 50m, Initial: \_\_\_\_\_

0.0m \_\_\_\_\_ 1.0m \_\_\_\_\_ 2.0m \_\_\_\_\_ 6.0m \_\_\_\_\_ and/or 44.0m \_\_\_\_\_

48.0m \_\_\_\_\_ 49.0m \_\_\_\_\_ 50.0m \_\_\_\_\_ Minimum depth 1.35m at the starting wall and 1.8m at the turning wall.

**Note\* - Events beginning with a dive start are required to adhere to those depths indicated for dive starts.**

**SANCTIONING APPROVAL BY NSO**

*We have analysed the Sanctioning Application and related documents and confirm that they comply with the NSO Sanctioning Guidelines.*

NSO Competition Manager : .....

NSO Competition Manager Signature : .....

Lifesaving Sport Commissioner : .....

Lifesaving Sport Commissioner Signature : .....

Date Received : ..... Date Sanctioned : .....